

POSTER PROGRAMME

ID	Title
[9]	Attitude toward Telemedicine in Psychiatry and Psychotherapy (ATiPP) Nina Schulze*, Peter Tonn, <i>Neuropsychiatric Center Hamburg</i>
[22]	Carewear: implementation of wearable technology in mental health care Nele De Witte*, Tim Vanhoomissen, Bert Bonroy, Glen Debar, Romy Sels, Marc Mertens, Tom Van Daele, <i>Thomas More University of Applied Sciences, Belgium</i>
[24]	Combining online community reinforcement and family training with a parent training program for parents with partners suffering from alcohol use disorder: Study protocol for a randomized controlled trial Philip Lindner*, Ola Silijehom, Magnus Johansson, Martin Forster, Sven Andreasson, Anders Hamberg, <i>Stockholm Centre for dependency disorders, Sweden</i>
[26]	Attitudes towards and familiarity with Virtual Reality therapy among practicing cognitive behavior therapists: A first survey study in the era of consumer VR platforms Philip Lindner* ¹ , Alexander Miloff ¹ , Elin Zetterlund ¹ , Lena Reuterskiöld ¹ , Gerhard Andersson ² , Per Carlbring ¹ , <i>¹Stockholm University, Sweden; ²Linköping University, Sweden</i>
[31]	An Evaluation of the Modalities used to deliver eHealth Interventions for chronic pain: Systematic Review (SR) with Network Meta-Analysis (NMA) Stephanie Haugh*, Brian Slattery, Laura O' Connor, Kady Francis, <i>National University of Ireland, Galway, Ireland</i>
[34]	A randomized controlled trial comparing the effectiveness of an internet-delivered acceptance and commitment therapy (act) intervention with a waiting list control on health related quality of life among adults with multimorbidity with chronic pain Laura O' Connor*, Brian Slattery, Stephanie Haugh, Katie Barrett, Darina Gormley, Christopher Dwyer, Siobhan O'Higgins, Jonathan Egan, Line Caes, Brian McGuire, <i>National University of Ireland, Galway, Ireland</i>
[39]	Increasing physical activity "goals" through self avatar body dimensions in overweight women Jessica Navarro*, Ausiàs Cebolla, Rosa María Baños, <i>Universidad de Valencia, Spain</i>
[43]	LIVIA-FR : An online unguided self-help intervention for people struggling with interpersonal loss Anik Debrot*, Liliane Efinger, Noëlle Dunand, Valentino Pomini, <i>University of Lausanne, Switzerland</i>
[44]	Design of a guided internet-based intervention for Internet Use Disorder in students – a two armed randomized controlled trial Karina Saruhanjan*, David Daniel Ebert, <i>Friedrich-Alexander Universität Erlangen-Nürnberg, Germany</i>
[45]	Novel steps for the optimization and large-scale online implementation of eye-gaze contingent attention training,= Alvaro Sanchez* ¹ , Jill Van Put ² , Ernst Koster ² , <i>¹Complutense University of Madrid, Spain, ²Ghent University, Belgium</i>
[47]	Participatory e-inclusion: Co-designing computerised psychoeducation with and for people with intellectual disabilities Leen Vereenoghe*, Kristian Westermann, <i>Bielefeld University, Germany</i>
[50]	Assessing feasibility of a web-based positive psychology intervention addressed to support pregnant women well-being

	Giulia Corno ¹ , Tamara Escrivá ^{*1} , Guadalupe Molinari ² , Ernestina Etchemendy ³ , Rocío Herrero ² , Alba Carrillo ¹ , Rosa María Baños Rivera ^{2,4} , ¹ Universidad de Valencia, Spain; ² Universitat Jaume I, Spain; ³ University of Zaragoza, Spain; ⁴ CIBER Fisiopatología Obesidad y Nutrición (CIBEROBN), Instituto Salud Carlos III, Valencia, Spain
[51]	Visualize yourself along your lifetime: effects of a 1-week positive intervention Rosa M. Baños ^{*1} , Alba Carrillo ¹ , Marian Martínez ¹ , Ernestina Etchemendy ² , ¹ University of Valencia, Spain; ² University of Zaragoza, Spain
[52]	New In Town—mobile-based intervention aimed at increasing social self-efficacy: development, design and user experiences Anna Rogala ^{*1} , Krzysztof Rzenca ¹ , Roman Cieslak ^{1,2} , ¹ University of Social Sciences and Humanities, Warsaw, Poland, ² University of Colorado at Colorado Springs, USA
[58]	Virtual Reality as a treatment method for adolescents with fear of public speaking Smiti Kahlon [*] , Tine Nordgreen, Helse Bergen, Norway
[59]	Preliminary results from a randomized controlled dismantling study of an Internet-based intervention for depression. Exploring the contribution of behavioural activation and positive psychology L. Diaz-Sanahuja ^{*1} , A. Mira ^{1,2} , C. Miguel ¹ , A. Diaz-Garcia ¹ , J. Breton-Lopez ^{1,3} , D. Castilla ^{1,3} , C. Botella ^{1,3} , ¹ Universitat Jaume I, ² Universidade de Zaragoza, ³ Instituto de Salud Carlos III Spain
[60]	Fib-I-Therapy: A web adaptation of an integrative psychological treatment for fibromyalgia Adriana Mira Pastor [*] , Amanda Díaz-García, Macarena Espinoza, Guadalupe Molinari, Azucena García-Palacios, Universitat Jaume I, Spain
[62]	Investigating a Mobile Application to Increase the Effectiveness of Trauma-Focused Psychotherapy in PTSD Patients: Study Protocol of a Pilot Randomized Controlled Trial in Routine Care Nikolaos Boumparis ^{*1} , Maurice van Buuren ² , Tim Wind ² , Mirjam JNijdam ³ , Annet Kleiboer ¹ , Miranda Olff ³ , Heleen Riper ¹ , ¹ Vrije Universiteit Amsterdam, ² Foundation Centrum '45, partner in Arq Psychotrauma Expert Group, Diemen, Netherlands, ³ University of Amsterdam, Netherlands
[74]	Practitioners' awareness of potential moderator and mediation effects in online psychological practice George Agathokleous [*] , Alison Attrill-Smith, Lisa Orchard, University of Wolverhampton, UK
[75]	Clinical and cost-effectiveness of guided internet-based interventions in the indicated prevention of depression in green professions (PROD-A): study protocol of a 36-month follow-up pragmatic randomized controlled trial Lina Braun ^{*2} , Ingrid Titzler ¹ , David Daniel Ebert ¹ , Friederike Reiner ¹ , Claudia Buntrock ¹ , Viktoria Egle ¹ , Yannik Terhorst ² , Harold Baumeister ² , ¹ University Erlangen-Nuremberg, Germany ² University of Ulm, Germany
[79]	The usability of DEPRETER platform. A new tool for the online therapy and monitoring of depression Amalia Maria Ciuca [*] , Liviu George Crisan, Roxana Costache, Alina Buza, Mircea Miclea, Babes Bolyai University, Cluj Napoca, Romania
[81]	Supporting Systematic Assessment of Digital Intervention Data: A Framework for Analysing and Measuring Usage and Engagement Data (AMUsED) Sascha Miller [*] , Ben Ainsworth, Alex Milton, Mark Weal, Peter Smith, Lucy Yardley, Leanne Morrison, University of Southampton, UK

[82]	A Second Opinion on First Contact: Meta-Synthesis of User-Reported Motives for Initial Engagement with Lay-Led Online Support for Mood Disorders Mat Rawsthorne* ¹ , CLAHRC-EM REBOOT Lived Experience Advisory Panel, ¹ University of Nottingham, UK
[86]	Clinical and cost-effectiveness of a guided ACT- and internet-based intervention as secondary prevention for green professions with chronic pain (PACT-A): study protocol of a 36-month follow-up pragmatic randomized controlled trial Yannik Terhorst* ¹ , I. Titzler ² , D.D. Ebert ² , F. Reiner ² , C. Buntrock ² , V. Egle ² , L. Braun ¹ , H. Baumeister ¹ , ¹ University Ulm, Germany, ² University Erlangen-Nuremberg, Germany
[88]	With a little help from SOPHIA - Efficacy of a smartphone-based intervention app for social anxiety disorder (SAD): study protocol of a randomized controlled trial Lukas Moses Fuhrmann*, Matthias Berking, Friedrich-Alexander-Universität Erlangen-Nürnberg, Germany
[89]	Psychologists' opinions on their use of internet-related technology in the context of counselling or therapy, Flanders, 2017 Marc Roelands, OVUM, Belgium
[92]	Ecological Momentary Assessment for Clinical practice: An overview about usability issues Diana Castilla ^{1*} , Adriana Mira ¹ , Amanda Diaz ¹ , Irene Zaragozá ² , Carlos Suso-Ribera ¹ , Cristina Botella ¹ , Azucena Garcia-Palacios ¹ , ¹ Jaume I University, Spain, ² CIBER Instituto de Salud Carlos III, Spain
[94]	Guidelines for online interventions dedicated to older adults Malwina Puchalska-Kamińska*, Agnieszka Czajka, Radosław Nielek, Wiesław Kopeć, Anna Jaskulska, Kinga Skorupska, Polish Japanese Academy of Information Technology, Poland
[95]	Patients' preferences towards the images used in an Internet-based treatment for flying phobia: preliminary data Sonia Mor* ¹ , Soledad Quero ^{1,2} , Carla Soler ¹ , Cintia Tur ¹ , Cristina Botella ^{1,2} , ¹ Jaume I University, Spain, ² Ciberobn ISC III, Spain
[97]	Healthy and Stress-Free at the Workplace with "GSA-Online plus" - Implementation of a psychodynamic online aftercare for vocationally stressed rehabilitants Rüdiger Zwerenz* ¹ , Katja Böhme ¹ , Nicole Labitzke ¹ , Peter Ferdinand ² , Manfred E. Beutel ¹ , ¹ Johannes Gutenberg University Mainz, Germany, ² University of Koblenz-Landau
[98]	Virtual reality exposure therapy and cognitive-behavioral therapy for social anxiety disorder: A meta-analytic evaluation of selected non-inferiority trials Martin Polak*, Norbert Tanzer, University of Graz, Austria
[105]	Combining biofeedback with stress management interventions: a systematic review of physiological and psychological effects Nele De Witte* ¹ , Inez Buyck ^{1,2} , Tom Van Daele ¹ , ¹ Thomas More University of Applied Sciences, Belgium, ² KU Leuven, Belgium
[106]	What is the clinical change module after module in Internet transdiagnostic CBT for emotional disorders? Results from a sample of specialized care patients Alberto Gonzalez-Robles* ¹ , Araceli Palma ¹ , Josep Pena-Garijo ² , Azucena Garcia-Palacios ¹ , Cristina Botella ¹ , ¹ Jaume I University, Spain, ² Hospital Universitari Doctor Peset, Valencia, Spain
[109]	The role of health professionals' involvement in the development of the ADvisor intervention to support practitioners withdrawing patients from long-term antidepressant use

	Marta Glowacka* ¹ , Adam Geraghty ¹ , Samantha Williams ¹ , Geraldine Leydon ¹ , Carl May ¹ , Rebecca Laine ¹ , Nadja van Ginneken ² , Yvonne Nestoriuc ³ , Gerhard Andersson ⁴ , Tony Kendrick ¹ , ¹ University of Southampton, ² University of Liverpool, ³ University Medical Centre Hamburg-Eppendorf, ⁴ Linköping University
[110]	Don't ask too much (at the beginning): the problem of dropouts in m-health Verónica Martínez-Borba* ¹ , Jorge Osma ² , Carlos Suso-Ribera ¹ , Tobias Mettler ³ , ¹ Jaume I University, Spain, ² Universidad de Zaragoza, Zaragoza, Spain, ³ University of Lausanne, Lausanne, Switzerland
[112]	Resource-Oriented Internet Intervention for Occupational Stress among Medical Professionals (Med-Stress): Study Protocol for a Randomized Controlled Trial Magdalena Lesnierowska* ¹ , Ewelina Smoktunowicz ¹ ; Malwina Puchalska-Kaminska ¹ , Krzysztof Rzenca ¹ , Roman Cieslak ¹ , Per Carlbring ² , Gerhard Andersson ³ , ¹ SWPS University, Warsaw Poland, ² Stockholm University, Sweden, ³ Linköping University, Sweden
[124]	Effectiveness of two guided Internet treatments in a routine care setting at the eMeistring clinic, Norwegian public health care – panic disorder and major depression Kerstin Blom* ¹ , Rolf Gjestad ¹ , Gerhard Andersson ² ,; Per Carlbring ³ , Odd Havik ⁴ , Tine Nordgreen, ¹ Haukeland Universitetssykehus, Linköping University, Sweden, ³ Stockholm University, Sweden, ⁴ Bergen University, Sweden
[161]	Designing and initial testing of Catch Your Happiness: a mobile-based intervention aimed at wellbeing enhancement Natalia Michalak*, SWPS University of Social Sciences and Humanities, Warsaw, Poland